

A 6-month private mentorship for spiritual seekers ready to trust their own guidance, deepen discernment, and live in alignment with their higher path.

with Marija Mikolajczak, C.Ht, Clinical Hypnotherapist & Mind-Body-Spirit Coach

# Align Mind, Body & Spirit With Higher Guidance

You don't need another coach giving you advice.

You don't need another guru handing you their version of the truth.

What you need is a clear, trusted connection with the higher intelligence that's been guiding you all along — a partnership with the spiritual allies and divine consciousness that hold the wisdom of your path.

The Soul Path Immersion is a private 6-month experience that blends transpersonal hypnosis, spiritual exploration, and intuitive practices to help you:

- Release subconscious blocks that fuel stress, pain, or self-sabotage.
- Heal at the root across mind, body, and spirit.
- Reconnect with your higher self and spirit allies for insight and clarity.
- Gain reliable methods like dowsing and kinesiology so you can trust your intuition anytime, anywhere.

This is deep, transformational work.

A modern approach to authentic self-discovery once reserved for the mystery schools.



# This journey is for you if:

- You sense there's something deeper calling you, but you can't quite access it on your own.
- Your intuition feels blocked, clouded, or uncertain you second-guess whether you're really hearing your inner wisdom.
- Stress, pain, or emotional weight is draining your energy, and you know it's connected to more than just the surface.
- You're ready to move beyond talk, advice, or someone else telling you "the answers and finally unlock the guidance and healing within yourself.

### When you step into the Soul Path Immersion, you will...

- ✓ Gain reliable methods (like dowsing and kinesiology) to trust your intuition anytime, anywhere.
- Clear the subconscious blocks and hidden fears that keep you stuck.
- Heal unresolved pain at the mind, body, and spirit levels.
- Reconnect with your higher self and spiritual team — with full confidence that it's real, not imagined.
- ✓ Experience authentic self-discovery that creates lasting transformation.



# Why This Works When Other Approaches Don't



Offers insight, but often stays at the conscious level — while deeper patterns remain unchanged



### Conventional Coaching

Provides structure and accountability, but rarely reaches the subconscious or spiritual layers where lasting change begins.



**Gurus/Teachers** 

May hand you inspiring answers, but they cannot give you the certainty of connecting with your own higher wisdom.

#### What Makes the Soul Path Immersion Different

Most approaches focus only on the conscious mind or on changing behavior. But transformation that lasts begins deeper — in the subconscious and the spiritual layers of your being.

The Soul Path Immersion gives you direct access to that wisdom. Through hypnosis, intuitive practices, and mind-body-spirit alignment, you'll clear blocks at the root and reconnect with your higher guidance — creating transformation that holds.

### **What Clients Are Saying**

#### Ashleigh W., Stamford CT

"My hypnosis session with Marija felt like a soul retrieval. I was guided so gently into a space where I could face and release deep past traumas—some I didn't even realize I was still carrying. What came through felt ancient, wise, and true. I left feeling lighter, freer, and more connected to who I really am."

#### Denise V., San Diego

"Within just ten minutes, Marija guided me into my subconscious and helped me uncover answers to questions I had been carrying for so long. It was astonishing how quickly and accurately she helped me access those deeper layers. She creates a safe, compassionate space where transformation happens naturally. I left each session feeling more connected and empowered."

#### Giedre K., Wilton, CT

"Marija is an incredible, precise, and compassionate practitioner. Her sessions have helped me release physical pain, resolve inner conflict, and grow as a person. In one session, she helped me move through emotions that had held me back for years. **The wisdom I've gained has truly changed my life."** 

# The Transformation Journey

Transformation unfolds in a proven sequence — each phase builds on the last, guiding you deeper into clarity and alignment.

#### Phase 1



Establish the Foundations of Connection

#### Phase 2



Clearing Blocks

& Shadow
Integration

#### Phase 3



Intuitive Development & Alignment



#### Phase 1: Foundations of Connection - Lay the Groundwork

- Build subconscious safety and trust in trance.
- Open clear communication with your higher self and spirit allies.
- Explore past lives and soul themes that shape your patterns.

#### Phase 2: Clearing Blocks & Shadow Integration - Release What Holds You Back

- Identify and dissolve subconscious fears and blocks.
- Heal unresolved emotions and inner child wounds.
- Free yourself from cycles of pain, shame, or self-sabotage.

#### Phase 3: Intuitive Development & Alignment - Live in Clarity & Confidence

- Strengthen your intuitive gifts and spiritual communication.
- Master practical methods (e.g. pendulum dowsing, kinesiology) so you can trust your guidance anytime, anywhere..
- Align mind, body, and spirit for lasting transformation.

#### By the end of your Soul Path Immersion, you will have:

- Released what no longer serves you.
- Strengthened your connection with higher guidance.
- Anchored lasting transformation into daily life.

# What's Included Beyond the Sessions

Transformation is supported every step of the way.



## **Continuous Support Between Sessions**

- Direct email access for guidance, integration, and reassurance when you need it most.
- Up to two 15–20 minute Reset Calls per month for breakthroughs or challenges

You'll never be left wondering what to do next — support is always within reach.



# Integration Practices & Spiritual Anchors

- Personalized journal prompts and reflection practices that deepen each breakthrough.
- Trance-based tools to anchor shifts into mind, body, and spirit.
- Optional energetic clearing or intuitive home visit (when available).

You'll leave each session with tangible practices that make transformation last.



## Connection & Community

- Priority access to intimate group gatherings, seasonal ceremonies, and Trancelab.
- A nurturing network of fellow seekers, offering shared energy and inspiration.
- Optional energetic clearing or intuitive home visit (when available).
- Complimentary membership in the Moon Magic Circle join twice-monthly Moon Journeys and seasonal gatherings as part of your immersion.

Transformation deepens when your personal breakthroughs are amplified in community.

Your immersion is more than a series of sessions — it's a fully supported journey designed to ensure transformation takes root at every level.

### What You'll Walk Away With

When you complete the Soul Path Immersion, you'll leave with:

- A clear, reliable connection with your higher self and spiritual team — no more second-guessing your intuition.
- Freedom from old fears, patterns, and blocks that once kept you stuck.
- A renewed sense of wholeness: lighter, freer, and more authentically yourself.
- Confidence using your intuitive gifts in everyday life.

- Practical tools like dowsing, kinesiology, and trance practices — to keep you grounded and confident in your intuition.
- A deeper sense of alignment and purpose, so decisions and relationships feel clear and empowered.
- Healing across mind, body, and spirit, experienced as greater ease and resilience in daily life.

The Soul Path Immersion gives you transformation that lasts — and the tools to keep growing for a lifetime.

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Denise

"The wisdom I've gained has truly changed my life."

- Giedre

The Soul Path Immersion isn't just about healing the past. It's about reclaiming your future with clarity, confidence, and a lasting connection to your deepest wisdom.

### **Investment & Next Steps**

#### The Soul Path Immersion

A 6-Month Experience of Authentic Self-Discovery & Mind-Body-Spirit Transformation

#### Your Investment: \$4200

#### Includes:

 Includes: 12 private sessions, between-session support, integration practices, and priority access to workshops, community group gatherings, and TranceLab events.

Because of the depth of this work, I accept only a small number of private clients at a time.

This is the deepest, most comprehensive work I offer — designed for seekers ready to clear old patterns, trust their inner wisdom, and step fully into alignment.

**Schedule your Consultation** 

#### **Spiritual Foundations Package**

Your gateway into the Soul Path Immersion.

Investment: \$1,000

This package gives you the first 4 sessions of the Immersion program — designed to build trance depth, establish a safe connection to your higher self and spirit guides, and uncover wisdom from past lives.

Many clients begin here, and if you continue into the full Immersion within 30 days, your \$1,000 investment applies in full.

Start your Journey:

www.IntegratedMindBodySpirit.com/spiritualhypnosis