

Referral for Complementary Hypnotherapy Support

To My Patient:

In some cases, chronic pain and functional symptoms may persist even after appropriate medical care. Hypnotherapy may offer additional support by helping regulate the nervous system, reduce discomfort, and improve quality of life.

If you are open to exploring this as a complementary approach, I recommend contacting:

Marija Mikolajczak, C.Ht.

Certified Clinical Hypnotherapist

Phone: (917) 683-6062

Website: www.integratedmindbodyspirit.com

Office: 1435 Bedford Street, Suite 1P, Stamford, CT 06905

Hypnotherapy is not a replacement for medical treatment, but may be beneficial alongside ongoing care—especially in cases involving fibromyalgia, CRPS, FND, post-concussion symptoms, centralized pain, or mind-body patterns.

Provider Acknowledgment

To support coordination of care and ethical standards for hypnosis in chronic pain or functional symptom cases:

I confirm that, to my knowledge, hypnosis is not contraindicated for this patient.

Patient Name: _____

Provider Name: _____

Provider Signature: _____ Date: _____

Practice Name / Location: _____

Optional Comments:

Please bring this form to your first appointment.